

**MIDDLE TN ASSOC. OF ALCOHOLISM
AND DRUG ABUSE COUNSELORS**

Journey Together Conference
2505 21st Avenue South - Suite 410
Nashville, Tennessee 37212

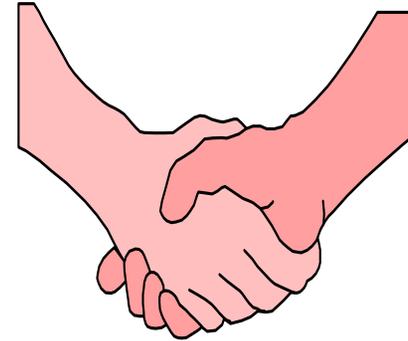
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Journey Together Conference 2021

A Conference for Addiction Professionals

Presented by
**Middle Tennessee Association
for Addiction Professionals**



Franklin Marriott Cool Springs
700 Cool Springs Blvd
Franklin, TN 37067
(615) 261-6100
(888) 403-6772

August 30th, 31st, September 1st, 2nd, 2021

**Conference begins Monday, August 30
with Evening Workshops**

Conference General Information

Program Description and Objectives

The overall goal of the conference is to bring together professionals working with addictions, substance use disorders, prevention and treatment. Participants will explore a variety of topics related to the medical, psychological, and familial aspects of the disease of addiction and share knowledge, expertise, and resource networking.

Participants who attend this conference will:

- explore the impact of alcohol and drug use on adolescent, adult and older adult clients and family systems;
- be introduced to the latest research and clinical interventions in addressing the relationship between alcohol and drug use, mood disorders, abuse, other addictions and the newest treatment modalities;
- understand and practice creative and unique treatment approaches, identifying other addictions, treatment issues when working with adolescents and older adults, addressing relapse prevention, and other professional issues.

Welcome to the Journey Together Conference!

The conference committee would like to thank each of you for your support and participation.

**Hospitality Suite in Appaloosa Room hours:
Tuesday - Thursday, open 7:30am - 6:00pm
Closed during lunch from 12:00 noon -
2:00pm everyday
Coffee is available during morning breaks in the lobby.**

Location and Accommodations

Marriott Cool Springs

700 Cool Springs Blvd, Franklin, TN 37067

(615) 261-6100

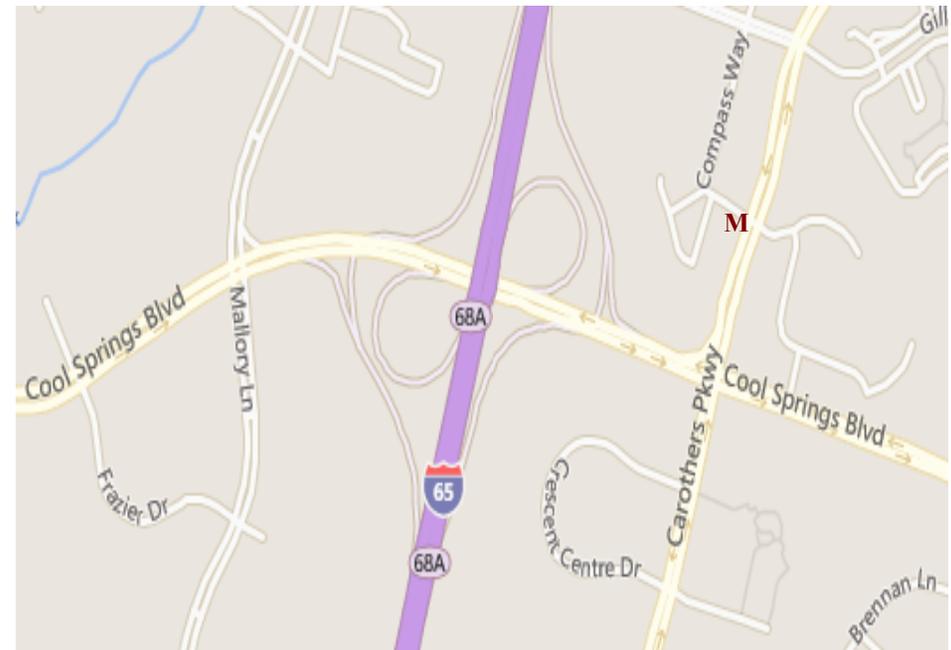
(888) 403-6772

Newly renovated Marriott Cool Springs is just 20 minutes south of Nashville. Unique among hotels in historic Franklin, TN, it is surrounded by upscale shopping, dining and history. Cool Springs Galleria Mall, Crescent Centre and Highwoods are within walking distance or just a short ride away from our Cool Springs hotel. They offer wireless Internet access at no charge and free shuttle service within a five-mile radius. Stave Regional Kitchen and Lounge offers a variety of dining and entertainment options to inspire productivity and interaction at Franklin Marriott Cool Springs. Ask for the Journey Together Conference room rate of **\$139** per night (includes free internet), by **8/20/2021**. Do not delay and miss this early bargain!

Directions

From the south: Follow I-65 north to Exit 68A (Cool Springs Blvd.). Follow signs for Cool Springs Blvd. East. Upon exiting, turn right at the bottom of ramp. Turn left on Carothers Pkwy. Hotel is on the right.

From the Airport: Take I-40 West from Nashville Int'l Airport to I-24 E, to I-440 West. Take I-65 South (to Huntsville). Follow approx. 17 miles. Take exit 68-A to Cool Springs Blvd. East. The hotel is located on the left corner at the first stop light.



Fee and Payment for Conference

Registration:

Early Bird Rate before August 20

TAADAC Members: \$295 ___
Non-Members: \$330 ___

Rates after August 20

TAADAC Members: \$315 ___
Non-Members: \$360 ___

One Day Rate:

TAADAC Members: \$125 ___
Non-Members: \$150 ___
Committee member _____
Presenter _____

Payment: ___ Check/MO ___ Credit Card Visa/MC
Total \$ _____

For Credit Card Charges:

Card Type: MasterCard ___ Visa ___ AmEx ___ Discover ___

Account Number _____

Expiration Date _____

CVVS _____ (3 digit code on back of card or 4 digit code on front of AmEx)

Billing address including zip code _____

Signature of Card Holder: _____

**Credit card registrations can be phoned in, faxed or mailed to
Phil Guinsburg**

Phone: 615-386-3333 ext. 103 Fax: 615-386-3353

Organizational discount for 5 or more attendees.

Partial scholarships are available and limited to the first 50 applicants.

**Please fax requests for organizational discounts and scholarships to
Phil Guinsburg or submit in writing to the address below.**

**Submit completed registration form and payment to:
MTAADAC 2505 21st Ave. S., Suite 410, Nashville, TN 37212**

Continuing Education, LADAC Licensure and License Renewal Hours, and Social Work CE credits

This conference has been planned and implemented in accordance with the credentialing standards of the licensed Alcohol and Drug Abuse Counselor standards and provides **26** possible CE credits total. Credit hours will be broken into primary functions for those individuals pursuing licensure. This program was approved by the National Association of Social Workers – Tennessee Chapter (Provider Number: (NASWTN2021-0074) for **26** continuing education units.

Conference Etiquette: Participants are asked to turn off cell phones when attending sessions or change to a silent signal. Please step outside the room when responding to a call.

Conference Credits: Each participant is responsible for recording his or her attendance at workshops and should claim only those hours of credit actually spent in the educational activities.

Breakout Sessions: Plenaries and some workshops are in the **Champion Ballroom, Salons 6-10**. Workshop designations will be posted at the registration table and by meeting room doors.

Conference Registration

Registration is located in the **Morgan Room** throughout the conference.

Printing of Workshop Handouts

Please print handouts for your workshops prior to the conference. Handouts that have been submitted by presenters can be accessed in the week prior to the conference and downloaded at:

www.TAADAC.org/conferences/Presentations

Stay Warm! Remember to bring a sweater or jacket as we cannot control the temperature in the training rooms.

We will be following CDC COVID-19 guidelines during the conference.

- Please join and “like” us on
- Facebook at MTAADAC and
- Go to www.TAADAC.org for updates regarding educational opportunities, meeting updates, and all the latest news.



PLENARY SESSIONS—KEYNOTE SPEAKERS

Tuesday, August 31st

James Campbell, LPC, LAC, MAC, CAC II

“This Is Your Brain - Neuroscience and Substance Use”

Often we, as addiction professionals, have gaps in our education around the basics of how our brain functions and the impact of specific substances related thereto. This Is Your Brain is a foundational presentation designed to explain the fundamentals of brain functioning and its impact on learning, substance use, human connection, and recovery in ways that are both understandable and can be effectively utilized in treatment. Specific emphasis will be placed on the role of both limbic and neocortical interventions in assisting people in moving from an active substance use disorder toward a vibrant and sustainable recovery. This session will move beyond theory to application and provide an effective framework from which to build stronger clinical skills that are informed by recent research.

Wednesday, September 1st

Joseph Amico, LADC-I, CAS

“Understanding Cultural Humility or

‘Learning how not to put your foot in your mouth’ ”

Using the LGBTQi+ population we will look at best practices for working with underserved populations. Using cultural humility when engaging clients, we recognize we are not better than our clients, and they teach us about their lives and community. We develop mutually beneficial, non-paternalistic partnerships with communities on behalf of individuals and defined populations. Participants will learn acceptable terms and how to approach clients when we aren’t sure which terms to use.

Thursday, September 2nd

Brian Wind, PhD, CBSM

“Addiction & Sleep:

Fundamentals for Behavioral Healthcare Providers”

This program is designed to aid participants in the identification of the most common sleep disorders seen in patients with addiction issues. During this presentation, Dr. Wind will explore signs and symptoms of common sleep disorders in the addiction population. The protocols for formal diagnosis and treatment of those sleep disorders will be discussed. Gaining an understanding of the positive impact of treating sleep disorders, the addiction professional will see improvements on health, quality of life, and addiction recovery in clients. Additionally, participants will become familiar with strategies for implementing sleep wellness programs in their professional practice.

Registration Form

Journey Together Conference
August 30th, 31st, September 1st, 2nd

NAME: _____

MAILING ADDRESS: _____

CITY/STATE/ZIP: _____

EMPLOYER: _____

DAY PHONE: () _____ CELL: () _____

E-MAIL ADDRESS: _____

Indicate which workshops and lunches (included in conference registration fee) you plan to attend:

____ Tuesday Lunch ____ Wednesday Lunch ____ Thursday Lunch
Vegetarian meals? ____ Yes ____ No

Please choose only one workshop for each time slot:

Monday, August 30th Evening Sessions

5:30-8:30 M1 ____ Jon Jackson
5:30-7:00 M2 ____ Cunningham/Taylor
5:30-7:00 M3 ____ Binns/Coggins
7:00-8:30 M4 ____ Mandy Colburn

Tuesday, August 31st

2:00-3:30	T1 ____ Campbell	4:00-5:30	T6 ____ Campbell
	T2 ____ Benson/Patterson		T7 ____ Benson/Patterson
	T3 ____ Holiday		T8 ____ Holiday
	T4 ____ Luna		T9 ____ Abrams/Guinsburg
	T5 ____ Licensure Board		T10 ____ Hirsch
6:00-8:00	T11 ____ Benson/Patterson		
	T12 ____ Coffey		
	T13 ____ Taylor/Harper		

Wednesday, September 1st

2:00-3:30	W1 ____ Amico	4:00-5:30	W6 ____ Amico
	W2 ____ Hampton		W7 ____ Hampton
	W3 ____ Squires		W8 ____ Moran/Benson
	W4 ____ Moran/Benson		W9 ____ Driggs
	W5 ____ Mulloy		W10 ____ Owens
6:00-8:00	W11 ____ Lester		
	W12 ____ Abraham		
	W13 ____ Giovanni		

Thursday, September 2nd

2:00-3:30	TH1 ____ Wind	4:00-5:30	TH6 ____ Wind
	TH2 ____ Nihan		TH7 ____ Nihan
	TH3 ____ Hirsch		TH8 ____ Hirsch
	TH4 ____ Patterson		TH9 ____ Patterson
	TH5 ____ Driggs		TH10 ____ Hodes

CONFERENCE SCHEDULE AT A GLANCE

**Registration begins a 3:00pm Monday, August 30
in The Morgan Room**

**Monday, August 30th
M1 Evening Session 5:30-8:30
M2 and M3 Sessions 5:30-7:00; M4 Session 7:00-8:30**

Tuesday	Wednesday	Thursday
7:30-9:00 Registration	7:30-9:00 Registration	7:30-9:00 Registration
8:45 Opening Ceremonies: color guard	8:45 Announcements	8:45 Announcements
9:00 Plenary 1 James Campbell	9:00 Plenary 2 Joe Amico	9:00 Plenary 3 Brian Wind
10:30 BREAK 10:50 Door Prizes	10:30 BREAK 10:50 Door Prizes	10:30 BREAK 10:50 Door Prizes
11:00 Plenary 1 James Campbell	11:00 Plenary 2 Joe Amico	11:00 Plenary 3 Brian Wind
12:30 LUNCH Rep Michael G. Curcio TN General Assembly & Susan Binns	12:30 LUNCH Regional Meetings	12:30 LUNCH Enlow Memorial TAADAC announcements
1:30 Silent Auction Opens	Breakout Sessions	1:30 Silent Auction ends
2-3:30 T1: James Campbell T2: Benson/Patterson T3: Jonathan Holiday T4: Trish Luna T5: Licensure Board	2-3:30 W1: Joe Amico W2: Vanessa Hampton W3: Michele Squires W4: Moran/Benson W5: Paul Mulloy	2-3:30 TH1: Brian Wind TH2: James Nihan TH3: Jessica Hirsch TH4: Frances Patterson TH5: Deborah Driggs
3:30 BREAK	3:30 BREAK	3:30 BREAK
4-5:30 T6: James Campbell T7: Benson/Patterson T8: Jonathan Holiday T9: Abrams/Guinsburg T10: Jessica Hirsch	4-5:30 W6: Joe Amico W7: Vanessa Hampton W8: Moran/Benson W9: Deborah Driggs W10: Tony Owens	4-5:30 TH6: Brian Wind TH7: James Nihan TH8: Jessica Hirsch TH9: Frances Patterson TH10: Peter Hodes
6:00-8:00 T11: Benson/Patterson T12: Ann Coffey T13: Taylor/Harper	6:00-8:00 W11: Ross Lester W12: Jane Abraham W13: Mara Giovanni	5:30 Certificates Distributed

M1

**Jon Jackson, LADAC II, NCAC I, QCS
“Ethical and Professional Issues in Addiction Counseling”**

This workshop is based on the NAADAC 2016 Code of Ethics and is designed to assist treatment providers in maintaining ethical professional practice and ongoing risk management, highlighting emerging issues and areas of concern. By building on long-standing ethical principles that have offered valuable guidance in resolving past ethical concerns, this workshop will help participants avoid issues and concerns that have the potential of harm to others or themselves. The nine principles of ethics will be discussed. Case scenarios and critical thinking scenarios that highlight unethical conduct, and applications of ethics, including reflective questions designed to promote higher-level thinking necessary for the proper application of ethics in the addiction and behavioral health professions will be explored.

M2

**Susan Cunningham, LCSW, LADAC II, MAC
Jane Taylor, BSW, LADAC II
“The Journey Together Conference -
Mapping out a Successful Experience”**

Attending any conference can be overwhelming! You've read the brochure but still have questions. Possibly, you attended last year and hope this year you get more out of the three and half days. Regardless of how often you've attended, this workshop will help you get the most from your experience. Our goal is to map out the journey from start to finish and make this an awesome experience where you learn and earn credits, make new professional relationships and the seed is planted for you to return every year. Hopefully, you will become a workshop presenter or committee member in the future!

M3

**Susan Binns, LADAC, NCAC II, NCRS
Justin Coggins**

“What is Recovery Housing Certification in Tennessee?”

Tennessee Alliance of Recovery Residences, TN-ARR, is a nationally recognized certification alliance. Ms. Binns, President of TN-ARR and member of NARR and Justin Coggins, Vice President TN-ARR along with certified housing Owner/Operator in Tennessee, representatives of Tennessee Alliance for Recovery Residences will present. Discussion will center around why they chose to be certified, how TN-ARR works, the process of how to become certified and the benefits of being TN-ARR and NARR certified.

M4

**“Networking: Creating a Resource Database”
Mandy Colburn, LADAC II**

Networking with programs, agencies and providers is essential to having the resource knowledge required to make effective referrals. During this session, participants will have the opportunity to exchange business cards, highlight program information and brochures and share referral/intake protocols for each program. Learn what information needs to be available to make effective referrals.

PRESENTERS AND WORKSHOPS

T1 James Campbell, LPC, LAC, MAC, CAC II
“Worlds Apart - What Works with Adolescents and Why ”
Sometimes adolescents can seem as though they come from an entirely different world, and in some regards they do! There has been a wealth of recent discoveries about adolescent development and learning. Unfortunately, there is frequently a disconnect between what we know works best with adolescents and the treatment modalities we use when working with them. This session reviews recent research and discoveries and explores how to best apply that knowledge to effectively treat adolescents.

T2 Kathryn Benson, LADAC II, NCAC II
Frances Patterson, PhD, LADAC II, MAC, DAC
“The Art of Ethical Clinical Supervision” Part 1
As supervisors, those we supervise will “listen” to our behaviors and professionalism much more than our words. When we agree to be a supervisor, we are agreeing to be held to the highest standards of ethics and professionalism. Frances and Kathy will utilize discussion, activities and multimedia to enhance learning of ethical issues for supervisors and skills in creating a safe supervision environment.

T3 Jonathan Holiday, MS, LADAC II, NCAC II, CADC II
“Unhealthy Thinking to Rational Thinking ” Part 1
In cognitive behavior therapy, thinking patterns are key roadblocks to rational thinking. In this presentation, we will discuss criminogenic thinking errors and the parallels with addictive thinking. We will examine justifications and rationalizations that foster these thinking errors, and we will utilize role-play with participants to learn appropriate ways to challenge these thinking errors.

T4 Trish Healy Luna, MA
“Timbi Talks about Addiction ”
This workshop will address the impact of parental addiction on their children. Studies show these children are much more likely to suffer lifelong consequences of Adverse Childhood Experiences (ACEs), often leading to negative life outcomes. Early intervention and access to effective resources can mitigate the potentially devastating damage of ACEs. This beautifully engaging story has colorful illustrations and comforting, rhyming verse. It provides concrete methods for the children and important caregivers to utilize in combatting ACEs. Ms. Luna will discuss the family disease of addiction, how it impacts children, review ACEs, and how Timbi can be used to teach children strategies they can use whether alone or with a trusted adult to aid in mitigating the effects of ACEs.

T5 Licensure Board Panel Discussion
Julia Britt, LADAC II, Board Chair, Paul Richardson, Board Attorney
Jane Abraham, LCSW, LADAC II, David Brown, LADAC II
“Demystifying Alcohol & Drug Abuse Licensure and the People Who Support the Profession”
Licensure rules, practices, policies and processes can be confusing to the newly licensed or the veteran counselor. Join the discussion with the professional staff who administer and legally support your state board along with board members. This is an interactive workshop where the panel will provide insight to simplify these administrative and legal topics to strengthen or reinforce your foundation for an ethical and sound practice.

WORKSHOP PRESENTER BIOGRAPHIES

James Nihan, LADAC II, NCAC I, ASAT

James has worked in the field of addictions and recovery in the Nashville area for twenty years. Personal recovery began in 1975 as a teen in Boston and in 1980 his story was featured in a book published by the Rutgers Center of Alcohol Studies. An award-winning songwriter, poet and artist, James often brings music and creative writing into the therapeutic process. In 2020 he joined the team at Onsite Workshops.

Tony Owens, LCSW, LADAC II, MAC

Tony is currently the Executive Director/Clinical Director of the Sage Counseling Groups in Franklin TN. He has extensive training in treatment court best practices, ten guiding principles of recovery courts and the implementation of co-occurring programs to support recovery courts. He has worked extensively with SPMI persons. He is trained in several mental health modalities including WRAP, Trauma and DBT. He specializes in SUD and MH assessments. He also provides clinical supervision for LADAC and LCSW Candidates. He is an advocate for treatment alternatives to incarceration.

Frances Patterson, PhD, LADAC II, MAC, DAC, SAP, QCS

Frances has worked in the addictions field for over 30 years as a counselor, supervisor, program manager and professional trainer. She owns Footprints Consulting Services, LLC, providing professional training, client education and clinical supervision. She also works part time for the Davidson County Sheriff's office programs as a QCS clinical supervisor. She is a past NAADAC SE Regional Vice President. In 2006 she was honored to receive NAADAC's Professional of the Year award. She self published her first book, *The Addiction Supervisor's Toolbox*. In her spare time she enjoys playing with her husband and 2 large rescue dogs, knitting, reading, family and scuba diving.

Paul Richardson, Attorney

Paul Richardson is currently serving as the Attorney for the Tennessee Department of Health Board of Alcohol and Drug Abuse Counselors.

Ross Lester, Founder, Everybody Drum Some

Ross is founder of Everybody Drum Some. His mission is to communicate the wonders of rhythm and drums with others and to make the way easy for people to make a joyful song together. For over 10 years, Ross has worked in various settings throughout middle TN with youth groups, recovery groups, at-risk kids, military veterans, churches, schools, and businesses, as well as everyday folks who are drawn to the drum. Helping people experience the pleasure of making music has become his greatest treasure.

Michele Squires, MS, LADAC II, NCAC I, QCS

Michele has worked with Shelby County TN Community Corrections program as Treatment Supervisor and Lakeside Behavioral Hospital as Program Director for the General Psychiatric unit and Total Recovery Program. She has also been the Clinical Director for Grace House of Memphis. She serves on the Shelby County Community Corrections Advisory Board. Michele is an Adjunct Professor for Memphis Theological Seminary's Addiction Certificate Program, and is Past President of TAADAC.

Jane Taylor, BSW, LADAC II

Jane has worked as an A&D counselor since 1989 and received her LADAC in 2000. She worked for Koala Treatment Center before going to work in treatment in the jail system. She has been working in Family and Juvenile Recovery Courts in Davidson County since 2002 where she is now the Recovery Court Coordinator. In 2019, she was awarded MTAADAC Counselor of the Year.

Will Taylor, LADAC I, CPRS

Will has 6 years of experience in the field of MH and SA Services. He has been a TN CPRS since 2015 and National CPRS since 2018. Will serves as a Youth & Adult Mental Health First Responder, a member of the TSPN Middle TN Postvention Response Team, a QPR trainer and a member of TN Alliance for Drug Endangered Children. He currently serves as Lifeline Peer Coordinator for Region 5 North, contracted through the TN DMHSA. His home hub is Prevention Coalition For Success out of Murfreesboro, TN but works within 13 counties of north middle TN.

WORKSHOP PRESENTER BIOGRAPHIES

Jessica Hirsch, M.Ed., LADAC II, NCAC I

Jessica Hirsch began her career, in the addictions field, in 2013. She has the blessing and honor of being a full-time, Primary Counselor at Cumberland Heights. As well growing her own, private clinical practice, Jessica nurtures her spirit by painting, dreaming, cooking and moving joyfully. Her most valued pastimes include feeding the birds, spending time in nature, meditating, writing, connecting with others and spending time with her service dog-in-training, Leeper.

Peter Hodes, MBA

Peter has always been interested in Asian culture. After completing a B.A. in Asian Studies and studying abroad in Japan, Peter began practicing Tai Chi in 1990 on a beach in Thailand. While pursuing an international M.B.A degree, Peter learned the Professor Cheng's 37-Posture Form. Peter now teaches at various locations around Nashville, and live on ZOOM for social distancing. At this point, Peter has been practicing Tai Chi continuously for 30 years.

Jonathan Holiday, MS, LADAC II, NCAC II, CADC II

Jonathan received his Certificate in Addiction Studies through MAAP. He is currently the Addictions Treatment manager for Core Civics-Metro Davidson County Detention Facility. He has over 20 years of experience working with multiple populations that are struggling with Co-occurring disorders, and Criminogenic Behavior. He has written and developed several Programs for Addictions and Co-occurring Disorders, for Juvenile and adult offenders. He is honored to be a nationally recognized Interventionist through SOS Interventions.

Jon Jackson, LADAC II, NCAC I, QCS

Jon is the Chief Operations Officer for Harbor House Inc. in Memphis and has been an addiction professional for over 20 years. Jon is a NAADAC Approved Instructor, Certified Greif Recovery Specialist, QPR Suicide Prevention Gatekeeper Instructor, Reality Therapy Certified, Moral Recognition DV Certified and has completed Counseling the Compulsive Gambler Domain I & II. He serves on the TN Governor's Suicide Prevention Advisory Council and the Morehouse School of Medicine's ATTC Advisory Board. He is a past Adjunct Professor at Memphis Theological Seminary where he taught Ethics. Jon is Past President of TAADAS. In 2019, Jon received the Volunteer of the Year award from TAADAS and in 2018 the Professional of the Year award from TAADAC.

Trish Healy Luna, MA, Author

Nashville-based author and speaker, Trish co-wrote the much-heralded children's book, "Timbi Talks about Addiction." She wrote the first draft of this story more than 30 years ago for her then young children, Nick and Sami, as their father struggled with addiction, a struggle that eventually took his life. Trish knows first-hand the shame, stigma, and chaos that comes from dealing with a loved one's addiction which can impact generations to come. Trish has a master's degree in philosophy and ethics from Vanderbilt and has a diverse professional background, but "Timbi Talks About Addiction" represents her life's work. Since the book's publication, she has been an in-demand speaker at schools, court programs, treatment centers, and professional conferences.

Karen Moran, LADAC II, NCAC II, QCS

Karen has been a licensed alcohol and drug counselor in Tennessee since 2002, and is also a qualified clinical supervisor for those seeking licensure as addiction specialists. She maintains a clinical consulting practice in Nashville, TN where she provides therapeutic services, clinical program development, and professional education.

Paul Mulloy, MA, LADAC II

Paul has worked for the Nashville Sheriff's office for 30 years and Director of Programs for 11 years, which includes Pretrial Release, Day Reporting Program, DUI School, Batterer Intervention, SAAFE and Transition from Jail to Community. His role at DCSO is a unique one whereby programming is offered to those incarcerated and those on alternative sentences. Paul is a member of the Am Jail Association, Am Correctional Assoc National and TN Coalitions Against Domestic Violence. Paul works with community agencies through an initiative Transition from Jail to Community and with the National Institute of Corrections and Urban Institutes.

T6

James Campbell, LPC, LAC, MAC, CAC II **"Belonging Social Influences in Addiction & Recovery"**

Human beings are physiologically wired for connection with other human beings. From the limbic system to mirror neurons, we have a longing to connect with others and to find a place where we have a sense of belonging. This desire to belong has significant impact on our decisions related to substance use, our social connections and experiences, as well as our recovery from substance use disorders. This session will provide an opportunity to explore the physiological underpinnings of belonging and meaningful social connections as well as practical applications of this information to improve treatment and recovery outcomes.

T7

Kathryn Benson, LADAC II, NCAC II **Frances Patterson, PhD, LADAC II, MAC, DAC** **"The Art of Ethical Clinical Supervision" Part 2**

This session is continued from T2 session. You do not have to attend T2 to participate in T7.

T8

Jonathan Holiday, MS, LADAC II, NCAC II, CADC II **"Unhealthy Thinking to Rational Thinking" Part 2**

This workshop is a continuation of T3. In this sessions, experiential approaches will be utilized to integrate information learned in part 1.

T9

Phil Guinsburg, PhD, LADAC II, MAC **Toby Abrams, LADAC II, NCAC II** **"Immortality of the Client and Counselor Relationships :** **An Interactive Process Group"**

Participants in this process group will have the opportunity to get in touch with and express feelings about approaching end of counseling. What part of our work is important, lasting and in some ways immortal? We will examine how we feel towards others in the group sharing emotions we may or may not be aware of in ourselves This is not a lecture presentation; come prepared to feel your own worth.

T10

Jessica Hirsch, M.Ed., LADAC II, NCAC I **"Mindfulness and Mandalas "**

Mindfulness is that buzz word we can read so much about. This workshop is designed for the clinician to experience meditation in the form of creating a personal mandala. The interactive workshop will create space for each person to have an individual and communal experience. Jessica will incorporate music, meditation, and art as a part of this workshop. Her service-dog-in-training, Leeper, will be accompanying her.

T11

Kathryn Benson, LADAC II, NCAC II **Frances Patterson, PhD, LADAC II, MAC** **"The Art of Ethical Clinical Supervision" Part 3**

This session is continued from T7 session. You do not have to attend T2 and T7 to participate in T11.

T12

Ann Coffey, ADS, RYT **"Recovery Yoga"**

Participants will be able to experience the simple act of connecting with the breath. With some fundamental yoga poses, participants can gain insight of how those in early recovery learn awareness of and connection with their bodies, breath and emotions. Ann will also share some anonymous cases and testimonials of how yoga has helped people in early recovery and beyond. No experience necessary!

T13

Will Taylor, LADAC I, CPRS **Jamie Harper** **"Addressing Substance Abuse in Suicide Prevention"**

Suicide is a difficult topic to address but is necessary for clinicians to understand when working with individuals who struggle with addiction. This presentation will discuss suicide from the standpoint of individuals in long-term recovery and delve into the behaviors and circumstances that often lead to suicide. It will help provide tools to prevent suicide, not just among patients, but among employees, colleagues, friends, and family members.

W1

Joseph Amico, LADC-I, CAS

“Don't Bash Me with your Bible: Healing from Spiritual Abuse”

There are many kinds of spiritual abuse. Folks who have experienced spiritual abuse have a difficult time working 12 step recovery programs because of the “God” language. Whether it has been sexual abuse or LGBTQi+ individuals who have been shamed by their religion of origin these individuals are often resistant to working 12 step programs. Healing from their spiritual abuse is just as important as healing from other forms of physical, sexual or emotional abuse.

W2

Vanessa Hampton, ISSA CFT, YogaFit L2, CrossFit L2

“Stress and Our Body: Finding Balance in Our Life” Part 1

As professionals, we spend our days investing in others and advising them of how to better care for themselves, but do we sacrifice our own health in the process? Stress has a profound impact on our body and our mind. Sometimes stress in our life is obvious. Sometimes we don't even realize that we are living in a state of stress. Learn the physical and emotional signs and symptoms of stress, the long-term effects of chronic stress, and how we can effect a change in our own lives to minimize or eliminate it in order to find a healthier life balance. During this workshop participants will learn the physical emotional impact of stress, how to recognize it in their own lives and how to make changes for healthier life balance.

W3

Michele Squires, MS, LADAC II, MAC, QCS

“Art Therapy: Using Creative Methods to Engage your Clients”

Are your groups becoming stale? Are you looking to add a little fun to your groups to maximize participation? Art Therapy is a surprising tool to add life to the process of Group Therapy. Through the use of simple, thought provoking exercises, you can encourage clients to share their stories in a new way. Art Therapy can be utilized in correctional settings, as well as psychiatric and addiction treatment settings. It is effective regardless of gender or level of cognitive functioning. Participants will complete a simple Art Therapy exercise with paper and crayons and share with the class.

W4

Kathryn Benson, LADAC II, NCAC II, QCS

Karen Moran, LADAC II, NCAC II, QCS

“A Family Map of What Was and What Is - Genograms: Ours and Theirs”

Meeting in an intimate, nurturing environment, you will have the opportunity to gain awareness and practice the skills necessary for optimum client care by facilitating substance use recovery through exploring the fundamentals and therapeutic value of family mapping.

W5

Paul Mulloy, MA, LADAC II

“Dealing with Special Populations in Corrections while dealing with a Pandemic”

This workshop focuses on assessment of the individual at the beginning of incarceration. Based on the assessment, each individual is given a needs assessment to determine placement in the appropriate program. As the person continues the process, they are involved in their own comprehensive release planning while working with our community partners before release. Upon release, they are reconnected to the community partners they began with in the jail.

W6

Joseph Amico, LADC-I, CAS

“A different lesson on PTSD: How the Pandemic Affected HIV/AIDS”

Those who lived through the AIDS crisis of the 80's and those currently living with AIDS suffered from PTSD as a result of the COVID-19 Pandemic. Physical isolation, labelling, and fear of infections triggered the emotional and social anxiety of the previous epidemic (including lots of denial especially on the part of governments refusing to provide services). Flashbacks and trauma were common for both those living with aids and those who have survivors' guilt.

WORKSHOP PRESENTER BIOGRAPHIES

Mandy Colburn, LADAC II, CADC II, ADS

Mandy is currently the Executive Director at Hope of East Tennessee, Inc. in Oak Ridge and the current President of ETAADAC. She has worked as a counselor in the addiction field for over 15 years and has now begun supervising persons who are working toward TN LADAC as she gains her QCS. In her spare time, Mandy enjoys spending time with family and her dog.

**Representative Michael G. Curcio
Chairman, Criminal Justice Committee**

Elected to the Tennessee House of Representatives in 2016, Michael became the first freshman member in modern history to be given the title of committee chairman. He represents all of Hickman County, the western half of Dickson County, and a portion of Maury County. Currently, Michael serves as the Chairman of the Criminal Justice Committee. He is committed to serving the needs of his constituents while bringing common sense conservative Tennessee values to the legislature.

Susan Cunningham, LCSW, LADAC II, MAC, QCS

Ms. Cunningham is a past member of the board of Alcohol and Drug Abuse Counselors. She holds national certifications as a Master Addiction Counselor, Globalcerti Career Development Facilitator with an emphasis in Offender Workforce Development Instructor, and Trainer for NIC's Thinking for A Change cognitive behavioral program. She has over 30 years working in a range of settings including hospitals, transitional housing, government and non-profit agencies. She is currently semi-retired and enjoying time with her grandchildren.

Deborah Driggs, PhD, LPC/MHSP, ACS

Deborah is a Licensed Mental Health Provider and Clinical Supervisor in private practice in Murfreesboro, TN. Her Master's Degree is in Clinical Mental Health Counseling and she holds a Ph.D. in Counselor Education and Supervision. Deborah is certified as a Clinical Trauma Professional and has been trained in numerous evidence-based trauma models. She has a particular interest in the treatment areas of trauma, grief and loss, self-concept, and spiritual struggle.

Mara Giovani, MSW

Mara felt compelled to create Recovery Martial Arts when she heard Bessel van der Kolk say that martial arts could be one of the most effective treatments for traumatic stress. She combined her 30 years of martial arts teaching and her work with those in recovery, with intensive study in trauma and Interpersonal Neurobiology to create the class exercises. She currently teaches RMA at Onsite.

Philip Guinsburg, PhD, LADAC II, MAC

Dr. Guinsburg has been in the A&D field for almost 50 years. He was awarded, by TAADAC, both the Professional of the Year Award and the Lifetime Achievement Award. In 2004, NAADAC awarded him national Professional of the Year. Phil has presented on various topics over the years. He was an oral examiner for over 15 years for the LADAC Licensing Board. He has been instrumental in helping to plan and implement the JT Conference since it's beginning.

Vanessa Hampton, ISSA CFT, YogaFit L2, CrossFit L2

Vanessa is a personal trainer, yoga instructor, fitness coach, and owner of a massage and wellness business. At the age of 35 she left the corporate world to pursue her passion of helping people through fitness and wellness. She found this passion just couple of years prior to leaving that job, when she began her own journey to a healthier life. Vanessa works with a variety of people of all ages and at many different places in their own journey. She believes in the pursuit of life balance and that true health is all encompassing of mind, body, and spirit.

Jaime Harper

Mr. Harper serves as the Regional Faith-Based Community Coordinator for Middle Tennessee where he is a point of contact in the faith community for establishing recovery programs, providing educational presentations, and facilitating coordination of substance abuse treatment and recovery services to those in need. He is a certified QPR trainer, and has worked in recovery for the past nine years. He is currently in a master's program for Clinical Mental Health Counseling at Lipscomb University.

WORKSHOP PRESENTER BIOGRAPHIES

Rev. Dr. Jane Abraham, LCSW, LADAC II, ADS, CPS II

Dr. Abraham is Chief Executive Officer for Healing Hearts Foundation and Executive Director of The Healing Arts Research Training Center, a NAADAC continuing education provider. She is founder of The Heart Way. She received her Doctorate of Theology from the New Mexico Theological Seminary, MSSW from the University of Tennessee, and Baccalaureate of Professional Studies undergraduate degree from the University of Memphis. She is a Certified Acupuncture Detoxification Specialist with 36 years of experience helping individuals recover from attachments. She has 30 years of experience training professionals and lay persons.

Toby Abrams, LADAC II, NCAC II

Ms. Abrams is a past President of TAADAC, Tennessee affiliate of NAADAC. Her practice at Psychiatric and Psychological Services in Nashville includes clients from the wealthiest families as well as chronically homeless and addicted men, experiencing the poorest living conditions. This dual perspective affords a unique view of offering strategies for clients in recovery.

Kathryn Benson, LADAC II, NCAC II, QSAP, QCS

Ms. Benson has worked in the counseling field since 1972 with an initial emphasis on domestic violence, intervention, and re-parenting of abusive parents. She has specialized in addiction issues since 1978. She maintains a clinical consulting practice in Nashville, TN where she provides therapeutic services, clinical program development, professional education and clinical competency services and clinical supervision services.

Susan O. Binns, LADAC II, NCAC II, NCRS

Susan is a National Certified Recovery Specialist. She served as President of the Music City Recovery Resources Foundation, Inc and is currently the Executive Director of YANA, a safe house for women, President of the TN Assoc for Recovery Residences (TN-ARR), a Board member of the Natl Assoc of Recovery Residences (NARR), and was the President of AHHAP. She has over 35 years' experience in implementing Tx, Recovery and Prevention programs and has held many leadership positions with various Nashville based programs.

Ella Britt, LADAC II

Ms. Britt is the current chairperson of the Tennessee Department of Health Board of Alcohol and Drug Abuse Counselors.

David "Boomer" Brown, LADAC II, NCAC II, QCS

Boomer is retired from CADAS in Chattanooga where he worked for 32 years. During those many years he worked as a counselor and program directors. He is also a QCS where he served developing counselors in this capacity. He is a past president of TADAAS and was very active in the former Southeast TN region. He currently serves on the Tennessee Board of Alcohol and Drug Abuse Counselors and has 32 years in personal recovery.

Ann Coffey, ADS, RYT

Ann became certified as an Acupuncture Detoxification Specialist in 2012. She then received authorization and licensure from the TN Committee and Board of Medical Examiners to practice as an ADS. She has been a practitioner of yoga since 1998, became certified to teach in 2007, and is a registered member of Yoga Alliance. Ann is passionate in her belief and practice of using Auricular Acupuncture, Yoga and Meditation as tools to achieve mental, physical and spiritual balance. In addition to her Auricular Acupuncture practice, Ann teaches yoga classes at a Nashville IOP and presents yoga and AcuDetox workshops in the greater Nashville area.

Justin Coggins

Justin is the owner/operator of A Design for Living. Justin is an individual in long term recovery. He has been an active affiliate of TN-ARR for 3 years and has served on several TN-ARR Committees. Justin also serves as TN-ARR Vice President. A Design for Living is certified by TN-ARR as Level 2 recovery residence. It has been a sober living residence for men with substance use disorders/mental health for 4 years. The program has been 11 recovery residences in middle Tennessee providing 100 beds.

W7

Vanessa Hampton, ISSA CFT, YogaFit L2, CrossFit L2 "Stress and Our Body: Finding Balance in Our Life" Part 2

This workshop is a continuation of W2. You do not have to attend part 1 to participate.

W8

Kathryn Benson, LADAC II, NCAC II, QCS Karen Moran, LADAC II, NCAC II, QCS

"The ACA Experience – Family Roles and Therapeutic Sculptures "

Continuing the genogram discovery, you'll have the opportunity to gain awareness and practice the skills necessary to facilitate substance use recovery through exploring the fundamentals and therapeutic value of understanding family roles and their impact on life choices.

W9

Deborah Driggs, PhD, LPC/MHSP, ACS "Co-Occurring Disorders: A Deep Dive into Integrated and Comprehensive Treatment for Complex Problems "

Co-Occurring Disorders are most appropriately treated from an Integrated approach requiring the provider to focus on multiple problem areas collectively during treatment. We will consider some of the latest research in addiction, mental health and personal change theory for the treatment of co-occurring conditions. Taking a deep dive into necessary treatment steps and interventions, participants will learn through diverse case studies the necessary tools to improve and track clinical outcomes in practice.

W10

Anthony Owens, LCSW, MAC "The Ins and Outs of Medication Assisted Treatment "

During this workshop, participants will learn about what medications are being used in Medication Assisted Treatment (MAT) and how they are used. Mr. Owens will discuss the pros and cons of someone starting on a MAT regimen, who is appropriate for MAT, and best practices of prescribing. He will also explore how long a client should stay on medication to assist in recovery, what prescribing protocols state and counseling/treatment protocols for which MAT is an adjunct. Participants will leave this workshop with an increased understanding of MAT.

W11

Ross Lester, Founder of Everybody Drum Some "Drumming for Life "

Ross Lester and Everybody Drum Some will conduct a low-stress, enjoyable drum circle for all interested conference attendees. Participants will experience collaborative music making in a relaxed environment and will leave feeling refreshed, energized, and encouraged. No experience or skills required.

W12

Rev. Dr. Jane Abraham, LCSW, LADAC, ADS, CPS II "The Heart Way"

The Heart Way™ provides intellectual, emotional, spiritual and physical integration, healing and educational services. This approach, developed over 35 years, accesses the deeper regions that are awakened in recovery. These methodologies use breath, music, art, movement and other vibrational techniques to effectively release blocked energy for connection and catharsis.

W13

Mara Giovanni, MSW "Recovery Martial Arts: The Importance of Integration, Attunement and Safety in the Recovering Body"

Recovery Martial Arts combines the latest neuroscience with the ancient wisdom of the body/mind to decrease anxiety and impact traumatic stress. The vibrational bilateral stimulation of the exercises are based on cooperative Filipino Stick drills. It feels like play, while the movements teach the body effective self defense techniques. Participants feel the safety of rhythmic attunement while experiencing a deep sense of physical empowerment. Spoiler – Therapists love this experiential workshop!

PLENARY PRESENTER BIOGRAPHIES

TH1

Brian Wind, PhD, CBSM **“Addressing Teen & Young Adult Sleep Challenges”**

This workshop is designed to aid participants in identifying and addressing some of the most common sleep challenges seen in the teen population. Participants will become familiar with the importance of healthy sleep, and the signs and symptoms of one of the most common teen sleep disorders. Discussion will increase awareness of the particular impact of select age-related factors on teen sleep. Dr. Wind will introduce an entry-level application of assessment, diagnosis, and intervention for one of the most common sleep disorders in this population.

TH2

James Nihan, LADAC II, NCAC I, ASAT **“Masks. We’ve Always Worn Them ”**

Let's acknowledge the challenges we face in wearing masks during this pandemic, while we consider the multitude of interchangeable masks that we have already learned to wear from an early age. We will examine how we sacrifice authenticity in order to be accepted, get needs met, and avoid rejection. You are invited to embrace your inner artist in this creative and introspective process. There will be an experiential exchange and a related song in closing.

TH3

Jessica Hirsch, M.Ed., LADAC II, NCAC I **“Didactic Approaches for Client Autonomy” Part 1**

Clients, diagnosed with SUD, arrive to us believing there is moral failing on their behalf. How can we empathically explore this internalized shame? What do they need? Perhaps, they don't know where to begin. This interactive workshop focuses on teaching clients: identification of personal needs, how to make requests, set boundaries, and improve communication. Presenter will incorporate non-violent communication skills. Hands-on activities, power point, short video clips, music, and a therapy dog will be included.

TH4

Frances Patterson, PhD, LADAC II, MAC, DAC, QCS **“Chronology of Addiction and Treatment” Part 1**

Just as with much of history that is passed down for generations, pieces of our profession's history has been overlooked or forgotten. The history of substance use is a story for the ages. During this workshop, participants will explore substance use through the centuries and cultural aspects of substance use. Frances will take you from earliest writings of drunkenness, to different countries and back to the U.S. Participants will discuss the beginnings of attempts at controlling the use of mood altering substances.

TH5

Deborah Driggs, PhD, LPC/MHSP, ACS **“Eye Movement Desensitization and Reprocessing (EMDR)** **in Addiction Treatment ”**

Addiction involves neurobiological, psychological, and social difficulties with behaviors focused on a substance or a process of choice. Both the implicit nature of addiction memory (AM) and comorbid indicators support utilizing EMDR in treatment. This workshop will provide an overview of EMDR and the AIP Model, describe its eight phases of treatment, define the concept and characteristics of addiction memory (AM), and introduce participants to three EMDR approaches indicated for treating substance abuse and addiction.

James Campbell, LPC, LAC, MAC, CAC II **Tuesday Plenary Speaker**

James has worked professionally in the human services field for over twenty-five years in a wide range of clinical settings. He currently serves as the Training and Technical Assistance Manager for Southeast Addiction Technology Transfer Center at Morehouse School of Medicine, the Director of Family Excellence Institute, and as an adjunct professor at Anderson University. His passion is helping individuals, families, and communities heal and build on the strengths they possess. James received his BA in Psychology from Anderson University and holds MA degrees in both Leadership and Management and Community Counseling from Webster University. In addition, he holds both national and international credentials as a Certified Alcohol and Drug Counselor. James is a member of both NAADAC and ACA, is a board member and past president of APSC/SCAADAC, and serves on NAADAC's clinical issues committee related to clinical supervision. James has authored three books, numerous articles, and is a nationally recognized and sought-after speaker on the subjects of addiction, recovery, adolescence, families, trauma, grief, cultural humility, and spirituality.

Joseph Amico, LADC-I, CAS **Wednesday Plenary Speaker**

Joe Amico is an international speaker on LGBTQI+ addiction issues, LADC-I, Certified Addictions Specialist, and ordained United Church of Christ clergyman. He is past president of SASH (Society for the Advancement of Sexual Health) and NALGAP: The Association of Lesbian, Gay, Bisexual, Transgender Addiction Professionals and Their Allies. Joe currently serves on the Advisory Board for the New England Addiction Technology and Transfer Center, and Board of Directors for NRADAN (National Rural Alcohol and Drug Abuse Network).

Brian Wind, PhD, CBSM **Thursday Plenary Speaker**

Dr. Wind earned his Master's in clinical psychology at MTSU. He obtained a PhD in psychology from Palo Alto University in CA. and post-doctoral training in the fields of Sleep Disorders and Behavioral Medicine. For many years he served as the Director of Clinical Sleep Medicine at a sleep disorders practice in Nashville. Dr. Wind is certified in Behavioral Sleep Medicine from the American Board of Sleep Medicine, and is a contracted speaker in the neuroscience/insomnia division of Merck and Company Pharmaceuticals. During his career, Dr. Wind has specialized in the assessment, diagnosis, and treatment of addiction. In 2014, he launched NOVOS Behavioral Health Solutions, LLC, a clinical consulting company with an emphasis on treatment of addiction, as well as the three “pillars of health” – sleep, nutrition, and exercise. He has served as a clinical consultant with multiple healthcare facilities, and developed innovative healthcare related software applications. He has served on the APA's Advisory Committee on Colleague Assistance, with an emphasis on furthering the national movement of professional wellness. He holds the position of Executive Director of the TN Colleague Assistance Foundation, TN's state-contracted peer support program for mental healthcare providers. In addition he serves as an adjunct faculty member in Vanderbilt University's Department of Psychology. Since 2015, Dr. Wind has been with JourneyPure, a company specializing in the treatment of addiction and co-occurring mental health disorders, where he serves in the role of Vice President and Chief Clinical Officer. Dr. Wind currently lives outside of Nashville with his son, and spends his free time enjoying music, golf, reading, and travelling.

Conference Planning Committee

Toby Abrams, LADAC II, Committee Chair

Phone # 615-386-3333 x103

Phil Guinsburg - Finance, Hospitality

Frances Patterson - Workshop Presenter Chair/Brochure/AV/Auction

James Nihan - AV/Auction

Ramie Siler - Registration Chair/Communications

Terry Kinnaman - Hospitality/Advertising

Cassie Gray - Exhibitor Chair

Mike Coupe - Exhibitors

Jane Taylor - Auction Chair/Door prizes

Susan Cunningham - LCSW Liaison/General duties

Heather Loveland - Registration, General duties

Adjunct:

Floyd Patterson - Badges/Certificates

Clifford Fiedler - Computers

In Memorial

Roger Enlow, ADACI, CNC

We want to honor Roger Enlow for all of the time and experience he brought to the Journey Together Conference Committee for over a decade. Roger passed this year due to health problems and he will be greatly missed by all.

Exhibitors

We encourage you to visit exhibitors in the exhibit areas.

Exhibitors at the Journey Together Conference are not necessarily endorsed by MTAADAC or the conference.

Remember to visit the TAADAS Recovery bookstore located in the **Saddlebred Room**.

NAADAC/TAADAC Membership

Are you a member of NAADAC, your professional association? Pick up membership benefits information and an application in the exhibit area. If you join during the conference you will receive a \$50 certificate towards your Journey Together 2022 registration fee.

TH6

Brian Wind, PhD, CBSM

“Cognitive Behavioral Treatment of Insomnia: A Helpful Toolkit ”

During this workshop participants will become familiar with the identification and treatment of one of the most common sleep disorders seen in patients with addiction issues. Discussion will include the importance of healthy sleep, and the signs and symptoms of the most common sleep disorder in the addiction population - insomnia. Participants will gain understanding of cognitive behavioral treatment of insomnia (CBT-i), one of the most effective and efficacious treatment approaches, and will become familiar with entry-level application of CBT-i tools.

TH7

James Nihan, LADAC II, NCAC I, ASAT

“Revisions: Seeing Old Stories with New Eyes ”

A reactive mind need not be master over one's heart, sabotaging true happiness and blinding one to the beauty of life. By revisioning our old stories we can turn ruminations into illuminations. We will participate in creative and experiential exercises and learn new techniques that support clients who are challenged by rigid self-destructive points of view.

TH8

Jessica Hirsch, M.Ed., LADAC II, NCAC I

“Didactic Approaches for Client Autonomy” Part 2

This workshop is a continuation of TH3. You do not have to attend part 1 to participate in this workshop.

TH9

Frances Patterson, PhD, LADAC II, MAC, DAC, QCS

“Chronology of Addiction and Treatment” Part 2

In part 2 of this workshop, discussion will continue with exploring early sobriety groups such as The Washingtonians and The Oxford group and on to 12 step programs. The beginnings of treatment in early asylums through more modern approaches that brought us to the treatment field as we know it today will be discussed.

TH10

Peter Hodes

“Introduction to Tai Chi ”

Tai Chi is an easy-to-learn routine that improves health, balance, and relaxation. These exercises can easily be done by everyone including seniors and people with illnesses and injuries. This workshop will be an active introduction to Tai Chi with movement and deep breathing exercises. Stand up and follow us for this Introduction to Tai Chi. These simple movements are safe for all and bring enormous health benefits - both physically and mentally. We will learn a variety of movements that can be done by anyone no matter the current conditions. Learn Tai Chi and Feel BETTER!

Certificates will be available in the Morgan room at the end of afternoon workshops

The Journey Together Conference Welcomes all attendees to YOUR conference this year!

TAADAC mission:

As an association for addiction professionals we educate, advocate, and promote healthy communities for an addiction free Tennessee.

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Our special thanks to The Davidson County Sheriff's Office Color Guard

The color guard will open the Conference with the presentation of the Flags Pledge of Allegiance led by Jacques Tate National Anthem led by Clifford Fiedler

.....

Thank you to those who offer the morning meditations:

**Kathryn Benson
James Nihan
Susan Cunningham**

.....

The Middle Tennessee Association for Addiction Professionals would like to offer our special thanks and acknowledge the following benefactors of our conference:

**MICHAEL AND JANET RICHARDSON
BILL AND ROBIN KING
JANE TAYLOR
TAADAS**

**MEMPHIS AND SHELBY COUNTY ADDICTION AND BEHAVIORAL HEALTH TREATMENT CONSORTIUM
TN DEPT OF MH AND SA SERVICES**

These generous donors enable us to provide scholarships to our conference and conference handouts for our participants.

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Door Prizes

Thanks to all who donated door prizes. *Please enter for door prize drawings at the registration desk.*

Only one entry per conference participant.

Silent Auction

This year we will again have this fun event. Beginning on Tuesday we have a silent auction to benefit the scholarship program for the 2022 conference.

Auction opens Tues. at 1:30 and closes Thurs. at 1:30
Auction items can be picked up after being paid for in the registration room on Thursday afternoon.